

CURRICULUM VITAE

Dr. Ns. Erna Melastuti, M.Kep



A. Personal Information

Item	Details
Full Name	Dr. Ns. Erna Melastuti, M.Kep
Place and Date of Birth	20 Mei 1976
NIP	-
NIDN	620057604
Rank and Grade	-
Academic Position	Assistant Professor
Institution	Universitas Islam Sultan Agung
Home Address	-
Mobile Phone	-
Email	-
Area of Expertise	Medical-Surgical Nursing
Sinta ID	-
Scopus ID	-
Google Scholar ID	-
Courses Taught	-

CURRICULUM VITAE

B. Educational Background

	S-1/Bachelor	S-2/Master	S-3/Doctor
Institution / University	Bachelor - Nursing UNDIP	Master - Nursing UNAIR	Doctorate - Doctorate - Nursing UNAIR
Field of Science	-	-	-
Graduation Year			
Title of Thesis	-	-	-

C. Professional Experience

Year	Position	Institution / Role
-	Lecturer / Academic Staff	Universitas Islam Sultan Agung

D. Publications

Year	Position	Journal
2026	Effectiveness of combined Ar-Rahman murottal therapy and lavender aromatherapy for family anxiety reduction in intensive care unit waiting rooms: A systematic review	Lentera Perawat 7(2), 372–383
2026	Relationship between Resiliensi with Quality of Life among Patients Kanker breast that Menjalani Kemoterapi	Journal of Health, Medical, and Psychological Studies 1(3), 224–234
2026	Procedural implementation of the hospital integrated referral system in Indonesia: A systematic review	Lentera Perawat 7(1), 226–238
2019	Motivational interviewing as a problem solving intervention to improve adherence: Review of the related literature	Indian Journal of Public Health Research and Development, 2019, 10, 2580-2584, 09760245
2015	Effectiveness of technique breathing buteyko on control asthma in center health pulmonary Community semarang	Nurscope: Jurnal Penelitian dan Pemikiran Ilmiah Keperawatan 1 (2), 1-7, 2015 , 2015, , ,
2015	Effect of therapy slow stroke back massage (ssbm) on kualitas tidur Patients post operasi in RSI Sultan Agung Semarang	Jurnal Ilmiah Kesehatan Rustida 2 (1), 159-168, 2015 , 2015, , ,

CURRICULUM VITAE

Year	Position	Journal
2016	The Effectiveness of Benson's Relaxation Therapy to Decrease The Level of Insomnia on Chronic Kidney Disease Patients Undergoing Hemodialysis	Indonesian Nursing Journal Of Education And Clinic (INJEC) 1 (1), 61-65, 2016 , 2016, , ,
2016	EFFECTIVENESS OF PROVIDING VIRGIN COCONUT OIL (VCO) TOWARDS PRURITUS REDUCTION: STUDY ON PATIENTS WITH CHRONIC KIDNEY DISEASES UNDERGOING HEMODIALYSIS	, 2016, , ,
2018	Description of Karakteristik Patients Hemodialisis in Hospital Islamic Sultan Agung Semarang	Jurnal Ilmiah Kesehatan Rustida 4 (2), 518-525, 2018 , 2018, , ,
2021	Perceived stigma, psychological response, and nurse coping in the COVID-19 pandemic in Indonesia	Jurnal Keperawatan Padjadjaran 9 (1), 10-17, 2021 , 2021, , ,
2018	Description of Hemodinamik Patients that Dilakukan Open Suction System	Unissula Nursing Conference Call for Paper & National Conference 1 (1), 17-23, 2018 , 2018, , ,
2016	Effect of logoterapi on Ability memaknai hidup wanita pekerja seks komersial	JURNAL KEPERAWATAN 9 (3), 140-143, 2016 , 2016, , ,
2021	Effect of therapy Kombinasi Progressive Muscle Relaxation and Aromaterapi Lemon on Nyeri among Patients Kanker	Jurnal Keperawatan dan Kesehatan 12 (2), 87-91, 2021 , 2021, , ,
2020	Combination therapy: Murottal and slow stroke back massage (SSBM) affecting the blood pressure of hemodialysis patients	Int J Psychosoc Rehabil 24, 9208-14, 2020 , 2020, , ,
2021	Description of Well-Being psikologi on Adherence Management self Patients hemodialisa	NURSCOPE: Jurnal Penelitian dan Pemikiran Ilmiah Keperawatan 7 (1), 28-37, 2021 , 2021, , ,
2021	Relationship between Level anxiety on Skala Nyeri among Patients Miocard Infark	Jurnal Ilmu Kesehatan UMC 10 (1), 20-26, 2021 , 2021, , ,
2022	Self-care Adherence in Hemodialysis Patients: A Structural Equation Modeling	Open Access Macedonian Journal of Medical Sciences 10 (B), 1107-1112, 2022 , 2022, , ,
2015	Effectiveness of technique breathing Papworth on control asthma in center health pulmonary Community Semarang	Jurnal Ilmiah Kesehatan Rustida 2 (1), 135-143, 2015 , 2015, , ,

CURRICULUM VITAE

Year	Position	Journal
2021	therapy Relaksasi Benson for reducing Level anxiety among forum health Family (FKK) urban village Bandarharjo city Semarang	Jurnal Humanis (Jurnal Pengabdian Masyarakat STIKes ICsadaBojonegoro) 6 (1Â ...,2021 , 2021, , ,
2022	Empowerment and assistance of Unissula Virtual Homecare (UVHC) volunteers to increase resilience of Covid-19 patients post self-isolation	Community Empowerment 7 (4), 725-730, 2022 , 2022, , ,
2020	Efektifitas Musik Nature sounds and Dzikir on Penurunan Level Depresi Patients Kanker breast	Journal of Holistic Nursing Science 7 (2), 118-123, 2020 , 2020, , ,

E. Research Projects

Year	Title / Focus of Research	Funding / Institution
2017	Effectiveness of therapy PSIKORELIGIUS on anxiety Patients HEMODIALYSIS	20,000,000.00
2016	Effect of Logoterapi on Ability Memaknai Hidup among Wanita Pekerja Seks Komersial in Semarang	11,600,000.00

F. Community Service

Year	Title	Funding / Institution
2022	Mentoring for group bystander Siswa SMA through Program GERSIT (Gerakan Adolescents Sigap Darurat) in Penanganan Henti Jantung	Internal Grant, Universitas Islam Sultan Agung
2022	management health Community Based Community Building (COBI) in village Bulak district Rowosari regency Kendal	Internal Grant, Universitas Islam Sultan Agung
2023	Training on technique therapy Relaksasi Benson for Mengatasi anxiety for students Program professional registered nurses Angkatan XV as Development of Intervensi Modalitas in KeCare	Internal Grant, Universitas Islam Sultan Agung
2025	Training on Bantuan Hidup fundamentals for people Awam: Save The Live to Preserve Life	Internal Grant, Universitas Islam Sultan Agung

G. Recognition

No verified recognition record was identified in the provided records.

CURRICULUM VITAE

H. Books

No verified book publication was identified in the provided records.